

FEBRUARY 2019

MON	TUES	WED	THUR	FRI
			1	2 Daddy Daughter Dance >>>>> Sat, Feb. 2
4 	5 -Chinese New Year -Foot Care by appointment	6	7 Van trip: Museum of Flight	8 Memory Singers @meal-site
11	12	13 Jr. Explorers visit and Memory Singers serenade meal-site	14 <i>Happy Valentine's Day</i>	15 Van trip: Sweetheart Dinner Dance
18  Center closed for President's Day	19	20	21	22
25	26	27 February Birthdays @ meal-site	28	

MON	TUES	WED	THURS	FRI
<ul style="list-style-type: none"> • 9:30A BRIDGE • 10:15/10:45A BALLET • 3:45/4:45P BALLET • 4P REJUVENATE • 4:30P FUN W/FITNESS • 3 & 5 PM UKULELE • 6:30P W.WATCHERS 	<ul style="list-style-type: none"> • 9A EQ Quilters / DANCE FITNESS • 10A LINE DANCING • 11A BP CHECKS / Chair Exercise • 12P LUNCH BUNCH • 5P YOGA • 6:30P KARATE 	<ul style="list-style-type: none"> • 9A SewNSews • 10:30A BINGO • 11AM BP CHECKS/ Chair Exercise • 11:35AM Coloring w/ friends • 12P LUNCH BUNCH • 3:45/4:45/5:30P BALLET & TAP • 4P REJUVENATE • 4:30P FUN W/ FITNESS 	<ul style="list-style-type: none"> • 9A DANCE FITNESS • 11:30A BRIDGE • 7P Adult Ballet/Tap 	<ul style="list-style-type: none"> • 9A CLOTHING & TEXTILE • 11A BP CHECKS/ Chair Exercise • 12p LUNCH BUNCH • 4P REJUVENATE