



## ***Around Town***

*September, 2016*

### ***From the Mayor's Desk***

As the summer weather begins to change with fall ahead, our schools open their doors for another great school year. (September 1<sup>st</sup> is the first day of classes although many activities are occurring prior to then.) Please watch for school buses stopping to load/unload students plus children walking or biking to school. Let's be safe and observe school zone speeds!

A very important element of Steilacoom are our local businesses and the very active and community focused Chamber of Commerce. Please visit and support all our local businesses. Here are some new businesses in Steilacoom: just opened at Rainier and Wilkes-- [Fresh Picked Foods](#) has a soft opening on Thurs-Sun each week; soon the [Steilacoom Tap Room](#) will open on Lafayette St. near [The Bair](#) and [De la Terra](#) restaurants offering service to residents. I ask all residents to look to all our local businesses to serve you with your needs. **"Shop Steilacoom Chamber businesses first!"** To help you find a local business, visit the Chamber's web at [www.SteilacoomChamber.org](http://www.SteilacoomChamber.org)

The Council will hold a joint meeting with the Planning Commission on 6 September beginning at 6:30 PM. The

purpose is to set goals and establish the work plan for the Planning Commission in 2017.....all residents are welcome.

Sentinel Way road work is complete and the new electric utility service operational. Thanks to the new SHS Principal Mike Miller and staff for using patience.

The work on upper Lexington St. is in the final stage with the grind and overlay to finish soon.

Lastly, the Roe Street grind and overlay and the small sidewalk infill project will be completed in late September....please plan your travels around Roe St. accordingly and anticipate partial road closures and detours.

You may have noted the trimming of some maple trees in the "tunnel of trees" on Town right-of-way. Several of the maple trees are near/beyond their 60+ life span or just had dead limbs removed for safety. Our task in 2017 will be to solicit an expert arborist's plan on how the Town might act in the tunnel of trees to preserve this unique roadway.

I recently received a report from staff on our electric utility reliability. The reliability rate was 99.9% with only one unplanned outage so far this year which is very good news. What this shows is the wire replacement work completed in the last few years has made the system very sound and virtually eliminated unplanned Town power outages.

I hope you attended the 2016 Steilacoom Summer Concert series on Wednesdays. A special thanks to **Marcus Rogers** for his enthusiasm and dedication to residents as coordinator and booking a wonderful concert program. Thank you Marcus!!

We also just completed the "very best" Farmer's Market in the region. The success can be attributed directly to the coordinator, Maureen Takaoka, who is extremely organized, possesses a very positive outlook, and is just fun to be with!! Thank you Maureen so much for your energy and talent. Also thank you to all of our Market volunteers, vendors, and everyone who attended and supported the Market.

NOTE: It's about time once again!!!!.....Think "apples" and the Steilacoom Historical Museum Association (SHMA) "Apple Squeeze" on Sunday Oct. 2.

*Ron Lucas, Mayor*

### ***COUNCIL ACTION***

Minutes to the Town Council meetings once approved are on the Town's website at: [townofsteilacoom.org](http://townofsteilacoom.org) and located under:  
Town Offices  
Town Council

### ***ACTIVITY UPDATES***

The weekly Activity Updates are published at [www.thesubtimes.com](http://www.thesubtimes.com)

***SAVE THE DATE FOR THE APPLE SQUEEZE***  
October 2 10 AM to 4 PM  
in downtown Steilacoom.

**PET OWNERS'  
RESPONSIBILITIES**

With summer almost over and fall on the horizon, many pets and their owners will be outside taking advantage of the nicer climate. We'd like to take this opportunity to remind all pet owners of our local requirements.

**Licensing:** All cats and dogs three months of age and older must be licensed.

**Leash Law:** Dog owners are required to keep their dog under their immediate control any time the dog is taken off of their property and must be on a leash.

**Household Pets at Large:** It is not permitted for any household pet to be at large during any hour of the day or night in the Town. Missing cats are becoming a common occurrence and keeping them under your immediate control may prevent them from becoming food for our coyote population.

**Pet Waste Removal:** Pet owners are required to clean up any pet waste immediately following its deposit. Bags and deposit containers are available in many of our Town parks and trails.

**Barking Dogs:** Pet owners or caretakers need to keep their animals from disturbing the peace by frequent or long, continued noises, including frequent or habitual barking, howling, whining or yelping which continually disturbs multiple neighbors.

**Steilacoom – Help Keep It  
Clean – Don't Litter**

**News from the  
Superintendent**

**Back to School 2016-17  
School Year**

It is our favorite time of the year in Steilacoom Historical School District as we welcome over 3,000 students back to school! The first day of school for our students is Thursday, September 1, 2016. Several Open House events will be held that week and staff will be returning to their buildings for professional development to ensure a successful start to another school year.

August 29 –Open House –  
Saltar's Point Elementary  
4:30 – 5:30 pm  
Pioneer Middle School  
5:30 – 7:00 pm

August 30 – Open House –  
Cherrydale Primary  
4:30 – 5:30 pm  
Chloe Clark Elementary  
5:30 - 6:30 pm

Buses will be on the roads starting Wednesday, August 31, 2016, when the Steilacoom High Class of 2020 begins their high school experience with "Focus on Freshman Day". A HUGE thank you to the Town of Steilacoom, Representative Dick Muri, and the Legislature for wonderful improvements made over the summer to Sentinel Drive. Please keep in mind, district buses will be back on the roads, leaving the bus garage as early as 6:00 a.m., with delivery of our students back to their homes in the early evening hours following after school activities.

Thank you for supporting Steilacoom Historical School District No. 1!

We look forward to another amazing school year.

*Kathi Weight*

**CLUB AM AND CLUB  
PM**

**Club AM and Club PM** offering before and after school supervision and activities for elementary school students will be accepting registrations effective August 1st.

*The program will be offered at  
Cherrydale Elementary School  
and will start at 6:00 AM.*

Pre-registration is required. We accept full time, part-time and drop-ins.

**Fees are:**

**Club AM**

*Full time: \$225 per month*

*Part-time: (3 days or less)*

*\$180 per month*

*Drop In: \$20 per day*

**Club PM**

*Full time: \$225 per month*

*Part time: \$180 per month*

*Half Days drop in: \$25 per  
day*

*Drop In: \$20 per day*

For more information, contact the Community Center at 581-1076.

**JUNIOR EXPLORERS**

*Registration for the Junior Explorers program is currently open for Fall classes. Participants ages 3-6 will participate in fun crafts, games, activities and much, much, more.*

*The program will run from 9:30 AM to noon or 1:30 PM Monday through Thursday.*

*The fee is \$250 per month. Space is limited so reserve a space for your child today. Pre-registration is required. Contact the Community Center at 581-1076 for additional information.*

## **HEAT EXHAUSTION**

The area is experiencing unseasonably warm weather and it is anticipated this pattern will continue. In warm weather, the risk of heat exhaustion increases significantly. Please review the following information and take the appropriate precautions.

[Heat exhaustion](#) is a heat-related illness that can occur after you've been exposed to high temperatures, and it often is accompanied by [dehydration](#). There are two types of heat exhaustion:

### ***Water depletion.***

Signs include excessive thirst, [weakness](#), [headache](#), and loss of consciousness.

### ***Salt depletion.***

Signs include [nausea and vomiting](#), [muscle cramps](#), and [dizziness](#).

Although heat exhaustion isn't as serious as [heat stroke](#), it isn't something to be taken lightly. Without proper intervention, heat exhaustion can progress to [heat stroke](#), which can damage the [brain](#) and other vital organs, and even cause death.

### ***Symptoms of Heat Exhaustion:***

The most common signs and symptoms of heat exhaustion include:

- Confusion
- Dark-colored urine (a sign of [dehydration](#))
- Dizziness
- [Fainting](#)
- [Fatigue](#)
- [Headache](#)
- Muscle or abdominal cramps
- Nausea, [vomiting](#), or [diarrhea](#)
- Pale [skin](#)

Profuse [sweating](#)  
Rapid heartbeat

### ***Treatment for Heat Exhaustion:***

If you, or anyone else, has symptoms of heat exhaustion, it's essential to immediately get out of the heat and rest, preferably in an air-conditioned room. If you can't get inside, try to find the nearest cool and shady place.

Other recommended strategies include:

- Drink plenty of fluid (avoid [caffeine](#) and alcohol).
- Remove any tight or unnecessary clothing.
- Take a cool shower, bath, or sponge bath.
- Apply other cooling measures such as fans or ice towels.

If such measures fail to provide relief within 15 minutes, seek emergency medical help, because untreated heat exhaustion can progress to heat stroke.

After you've recovered from heat exhaustion, you'll probably be more sensitive to high temperatures during the following week. So it's best to avoid hot weather and heavy [exercise](#) until your doctor tells you that it's safe to resume your normal activities.

### ***Risk Factors for Heat Exhaustion:***

Heat exhaustion is strongly related to the heat index, which is a measurement of how hot you feel when the effects of relative humidity and air temperature are combined. A relative humidity of 60% or more hampers sweat

evaporation, which hinders your body's ability to cool itself. The risk of heat-related illness dramatically increases when the heat index climbs to 90 degrees or more. So it's important -- especially during heat waves -- to pay attention to the reported heat index, and also to remember that the heat index is even higher when you are standing in full sunshine.

Again please, take the appropriate precautions and watch out for your family and friends as well.

## ***BETTER ROADS, CLEANER STREAMS Six Simple Steps to Clean Water***

1. Help Keep Pollution Out of Storm Drains. Never dump anything down a storm sewer.
2. Never Fertilize When it's About to Rain.
3. Carefully Dispose of Chemicals and Oil. Don't top off when you fill up your tank.
4. Clean Up After Your Pet. Dispose of waste in a trash can.
5. Practice Good Car Care. Fix leaks promptly and wash your car on the grass or at a car wash.
6. Properly Dispose of Travel Trailer Waste.

## ***RECYCLE IT***

Be green, don't trash it! Recycle your ink and toner empties at the Steilacoom Public Works at the front door entrance and also at the Steilacoom Community Center at the lobby reception window shelf. All proceeds go to supporting the Cherrydale School students for supplies & teachers' learning aids via the Friends of Cherrydale Woods

## **TO FLUSH OR NOT?**

The growing popularity of disposable wipes, "Swiffer" type mops, and other items are causing problems in household plumbing and Town sewer pipes and pumps. It becomes costly to fix your plumbing or the Town's system.

Many products say they are flushable, but just because they go down the toilet does not mean they belong in the pipes. They do not break up like toilet paper is designed to do. They can clog pipes or get caught in sewer pumps, causing messy backups and expensive repairs. The only things that should be flushed are human waste and toilet paper. Everything else should go in the trash. This would include disposable wipes, "Swiffer" type mop wipes, diapers, cat litter, facial tissues, paper towels, dental floss, and sanitary products. Many of these items clog pipes and/or wind around the moving parts of pumps causing them to bind up and stop working. Unless something disintegrates like toilet paper, put it in the garbage to save yourself and the Town messy sewer backups.

Flushing of disposable wipes continues to be a major problem in the Marietta/Deer Hollow area of Town.

**KIWANIS BREAKFAST  
FUNDRAISER  
Top Side Restaurant  
215 Wilkes Street  
Saturday, 10/15  
8 AM to 10 AM  
Please come and support your  
local Kiwanis Club**

## **EMERGENCY PREPAREDNESS TIPS**

With any major emergency, you need to take responsibility for your own safety and be prepared to sustain you and your family for 72 hours. Primary concerns are loss of heat, power, telephone service, and a shortage of supplies if conditions continue for more than a day.

It is suggested that **at a minimum** you should have the following items on hand to sustain you and your family during a winter storm emergency:

- A. Flashlight with extra batteries
- B. Battery-powered NOAA Weather radio/portable radio to receive emergency information
- C. 3-day supply of non-perishable food and water (1 gallon per person per day)
- D. Extra clothing, blankets, moist towelettes, garbage bags and plastic ties for personal sanitation
- E. Extra prescription medicines, glasses, baby items, and pet food
- F. First-aid supplies and a fire extinguisher

Avoid travel if at all possible during a major storm. If you must travel, do so during daylight and watch out for emergency crews working in and along the roadways. If you have an automatic garage door opener, learn how to manually open your garage door before the power goes out.

**Do call** us to let us know your power is out; **please do not**

continually call for updates. We understand your frustration; please know that as soon as the problems are fixed and it is safe to do so, the power will be restored.

Now is the time to put together or review your emergency supply kit.

### **Town of Steilacoom Contact Information**

[townofsteilacoom.org](http://townofsteilacoom.org)

#### **Mayor**

Ron Lucas.....588-6217  
[Ron.lucas@ci.steilacoom.wa.us](mailto:Ron.lucas@ci.steilacoom.wa.us)

#### **Council Members**

Fred Crumley.....584-4776  
[fred.crumley@ci.steilacoom.wa.us](mailto:fred.crumley@ci.steilacoom.wa.us)

Pete Franklin.....584-0808  
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Nancy Henderson.....584-7284  
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Marion Smith.....589-8534  
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Steve Stovall.....582-5481  
[steve.stovall@ci.steilacoom.wa.us](mailto:steve.stovall@ci.steilacoom.wa.us)

#### **Town Administrator**

Paul Loveless.....581-1912  
[Paul.loveless@ci.steilacoom.wa.us](mailto:Paul.loveless@ci.steilacoom.wa.us)

#### **Public Works-Administration**

1030 Roe Street.....581-1912  
Administration  
Planning, Building, Permits  
Utility After Hours...620-4123

#### **Public Safety**

601 Main Street.....581-0110  
Emergency.....911  
Non-Emergency .....798-4721  
Animal Control .....830-5010

#### **Community Center**

2301 Worthington St. 581-1076  
Before and After School Prog.  
Meal Site  
Youth and Adult Classes  
Fitness/Exercise Classes

**Chamber of Commerce**  
[SteilacoomChamber.org](http://SteilacoomChamber.org)